



ANNOUNCEMENTS

Keeping Safe in School

Frontier Primary School will continue to put in place safe management measures to keep students and staff safe. It is important for students to take extra precautions so as to stay safe when going to school.

Here's a guide.



At A Glance

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Parent Partnership Community (PPC) Recruitment

The PPC serves in multiple roles to support the school's efforts to educate and care for our students and it was set up to be a strong parental collaboration between the school, parents and students. The school's primary contact with the PPC is via the PPC EXecutive COmmittee (EXCO), formed by a few parents within the PPC. Other than being the bridge between the school and PPC, the EXCO also oversees all initiatives and efforts undertaken by the PPC.

We are constantly welcoming passionate parents coming on board our PPC family to share information, share experiences and contribute ideas in partnering the school for the betterment of our students. Parent volunteers will have chances to interact with the teachers and students while holding meaningful school events and activities.

If you are passionate about volunteering, helping out in school events and interacting with children and teachers, join us now!

Please scan the QR Code or use this link <https://bit.ly/3cK8W8O> to indicate your interest. We will be in touch with you once we have processed your application.





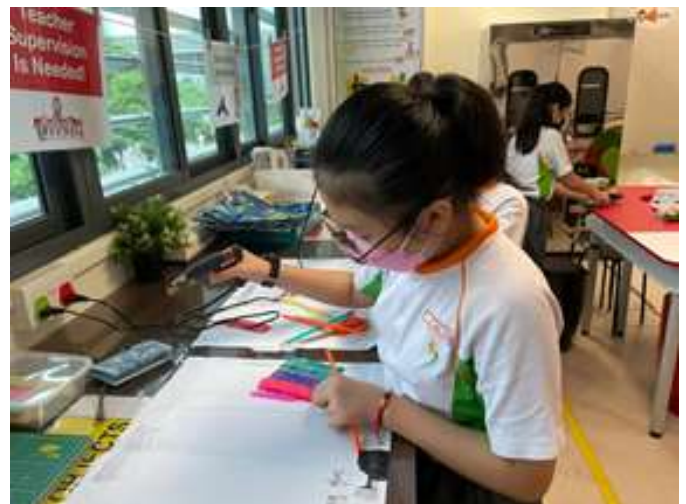
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Maker@Frontier

Maker@Frontier aims to create an intentional space for our Frontierers to grow and stretch themselves through trial and error experiences and to imbue creative thinking in them. Maker@Recess has been scaled up from Primary 3 to Primary 4, starting in Semester 2.

Our Primary 3 and 4 students will continue to develop the Maker Mindset through the specially designed activities such as Marble Run. They will make use of recycled materials such as cardboards, plastic bottles, toilet rolls and aluminium foil to make a Marble Run. They can experiment and refine their creation so that they can find out whose marble will reach the finishing point first.

We would like to encourage our Frontierers to continue to adopt the Maker Mindset in their daily life.





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P3 Inter-disciplinary Project Work (IPW): Young Communicator

Following our successful implementation of P4 and P5 IPW this year, we are glad to announce that our P3 Frontierers will be embarking on their IPW journey in Term 3 Week 6 (2 – 6 Aug) during the curriculum time. This project work will enable students to draw on their learning from different disciplines and develop perspectives and skillsets. They will also cultivate their thinking to understand and resolve an issue.

Specifically, our P3 Frontierers will learn about Water Conservation and pick up interviewing skills when they interview their peers or family members on how they save water. The Maker Mindset is also integrated into the programme. Our P3 Frontierers will brainstorm, make careful considerations and work collaboratively in pairs to create an interactive poster on water conservation. They will also learn presentation skills and get a chance to present their posters to their peers.

In this IPW journey, P3 Frontierers will also be leveraging technology to share and consolidate their learning through the SLS platform. Daily reflection will be carried out via the SLS platform and our teachers will use the responses submitted for discussion in the classroom.

The design of our IPW will equip our P3 Frontierers with the essential communication and thinking skills so that they can become adaptive, communicative and empowered Frontierers for tomorrow.





UPCOMING EVENTS

National Day Celebration 2021

**TOGETHER OUR
SINGAPORE SPIRIT
★ NDP 2021 ★**



Source: ndp.gov.sg

The theme for this year's National Day is "Together, Our Singapore Spirit".

'Together' evokes our common Singapore identity and Singaporeans coming together as one united people.

'Our Singapore Spirit' calls on Singaporeans to draw new strength from our "can-do" spirit amidst challenging circumstances from COVID-19 and potential disruptions in the new decade. We look to reinvigorate the Singapore Spirit - encouraging Singaporeans to embrace a "dare-to-try" attitude and reinvent to overturn our natural and geographical constraints.

At Frontier Primary School, we have lined up a series of activities to celebrate the nation's 56th birthday on Friday, 6 August 2021. All students are encouraged to be dressed in red T-shirts, white/school shorts and black school shoes on that day. School dismissal timings will be as per normal at 1.20 p.m. for Primary 1 to 3 students and 1.30 p.m. for Primary 4 to 6 students.

As part of the 10th anniversary celebrations, every Frontierer will receive an exclusive Frontier mask on this special day. For safety purposes, parents are strongly encouraged to help their child put a mask filter into the Frontier mask before using. Donning the Frontier mask makes us feel proud of our shared memories in this special place which we call our second home. It also reminds us of the G.R.E.A.T culture which makes Frontier unique.



Please note that Monday, 9 August 2021 is a public holiday and Tuesday, 10 August 2021 is a school holiday. Hence, students will only report to school on Wednesday, 11 August 2021.

As mentioned in iN-Touch May/June 2021 issue, Thursday, 12 August 2021 and Friday, 13 August 2021 are PSLE oral examination days. Primary 1 to Primary 5 students need not report to school on both days.



ACCOLADES

Congratulations!

4th Text Recital Competition for Primary and Secondary Schools

The Committee to Promote Chinese Language Learning, the Chinese Teachers Literary Recital Society and Anderson Primary School had jointly organised the **4th Text Recital Competition for Primary and Secondary Schools**. The main objective of this competition is to raise the students' level of Chinese Language reading proficiency, ignite their love for learning Chinese Language and deepen their understanding of the texts in their textbooks through text recitals.

More than 800 students from about 115 schools took part in the competition this year and we would like to congratulate our winners:



Lower Primary Category - Individual	Award
QI YUNTING (2 Care 7)	Bronze



Lower Primary Category - Individual	Award
YAU XIN RUI (3 Responsibility 4)	Silver



Lower Primary Category - Group	Award
From left: AMANDA TENG WEN YUE (2 Care 2) LIM XIN YUU XAVIER (2 Care 2) CHONG SZE HAN (2 Care 7)	Bronze



Lower Primary Category - Group	Award
From left: WANG MINGXUAN (3 Responsibility 4) PANG YUWEN KATIE (3 Responsibility 4) GAO PING (3 Responsibility 6)	Silver



ACCOLADES

Congratulations!



Upper Primary Category - Individual	Award
SUN BOWEI (4 Integrity 4)	Silver



Upper Primary Category - Individual	Award
TEO CHENG WEI (5 Resilience 4)	Silver



Upper Primary Category - Group	Award
From left: <ul style="list-style-type: none"> • NG WEI JUN (5 Resilience 4) • JAYDEN TEO CHI WUN (5 Resilience 4) • GOH CHENG YIN (5 Resilience 4) 	Bronze



Upper Primary Category - Group	Award
From left: <ul style="list-style-type: none"> • HE LIU (4 Integrity 4) • ZHENG BOREN (4 Integrity 2) 	Bronze

We would like to thank the parents of the participants for their utmost support in this competition.



ICT Matters

Gaming Addiction

Singapore has a rather avid gaming culture – just look around and you will see teenagers clicking away and at home, teens and adults alike gaming late into the wee hours. Young children are playing with their parents' mobile phones nowadays, and they are getting tech savvy much earlier than the previous generation.

A study conducted in 2011 by the National Institute of Education (NIE) showed that Singaporeans on the whole are bigger gamers than their American counterparts who spend an average of 13 hours of gaming per week, compared to Singaporeans who spend an average of 20 hours.



How Gaming Addiction Impact Individuals?

Gaming addiction, like any other types of addiction, can have a profound impact on the individual's psychological, biological and emotional wellbeing. As they spend so much time playing games, individuals often stay at home, becoming house-bound. They do not socialise with others much during their formative years of their adolescence, leading to low emotional maturity and intelligence later.

They suffer from lack of sleep and do not maintain their hygiene, and their school performance suffers as well. We must not forget their jeopardised relationships with their family members, who are usually the ones to refer their loved ones to counsellors at cyber wellness centres.

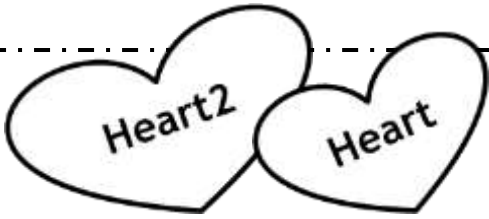
The Approach to Handling Gaming Addiction

Parents at home should set boundaries to prevent the early onset of gaming addiction. It is not recommended for parents to introduce digital devices during the child's early ages as they may lack the control and discipline to manage their gaming time. As such, parents need to set rules for screen time and also enforce a 'time out' if such rules are broken.

It is therefore paramount that parents closely monitor their children's gaming habits at home and their interpersonal relations with others. Even if the child claims that they are not addicted to gaming, it may not be so. Prevention starts from young, so parents, please make sure that you are not letting your children play with your mobile phone too much at such a young age!

Source: *The Epoch Times*, 23 June 2021





Parenting in a Pandemic

Volatile, Uncertain, Complex and Ambiguous - the acronym, VUCA, is a buzzword bandied about in management circles, but it aptly describes parenting during the pandemic too.

Read more in this Straits Times article for tips on how you can talk about the pandemic with your child, empower and influence him or her to be more adaptable in the face of change.



Here are some effective strategies shared by Ms Sha-En Yeo, an expert in positive psychology, and other panellists.

1. Put On Your Oxygen Mask First

"Safety instructions on aeroplanes insist we put our own oxygen mask on first before assisting others. Likewise, as parents, if we are not physically, mentally and emotionally well, we will not be able to care for the well-being of our loved ones."

Take a short pause during the day to check on your feelings in an honest rather than critical way and remind yourself that you are not alone in your struggles. Spending even just five to ten minutes a day practising mindfulness helps to cultivate a resilient mindset.

2. Share Your Struggles, But Listen to Theirs Too

In times of change, being able to talk through and share how they feel is really important for children. When your child shares their struggles with you, try not to ignore, judge or dismiss what your child is expressing. Only when you fully understand and acknowledge their struggles and feelings can you help them find solutions.

3. Empower Your Child to Help Themselves

Giving your child the autonomy to plan their activities provides space for them to grow in a safe environment and helps them to develop responsibility and ownership for their time. Similarly, you can encourage your child to be resourceful whenever they face problems. While rushing to solve problems for them seems to be a faster way out, it increases children's reliance on adults.

4. Let Go of Previous Expectations

Ultimately, remind yourself that the pandemic is not "normal" and let go of previous expectations of yourself and your children. Providing unconditional love, fulfilling basic needs and ensuring a child feels emotionally safe might be all we should aim for at this time.

Sources:

<https://www.letuslearntogether.com/single-post/2018/01/14/parenting-in-vuca-times-or-how-to-keep-it-together-when-the-threat-is-real>

<https://www.straitstimes.com/lifestyle/parenting-in-a-pandemic-how-to-take-care-of-yourself-and-your-kids>